

# 2<sup>nd</sup> Annual Clymer Days 5K Run/Walk

Clymer, PA

Saturday, September 26, 2009

- Race starts at 9:00am at the pavilion behind the Marion Center National Bank
- Pre-registration before September 18, 2009 fee \$14.00 (t-shirt guaranteed)
- Race Day Registration \$16.00 (t-shirt not guaranteed)
- Course will be on the streets of Clymer and Rails to Trails

## Runner Awards

### Top 3 in each age group and overall

#### MEN

15 and under, 16-19, 20-29, 30-39,  
40-49, 50-59, 60 plus

#### WOMEN

15 and under, 16-19, 20-29, 30-39,  
40-49, 50-59, 60 plus

#### Walkers

Top 3 female and top 3 male (not timed)

**Water/Gatorade/Fruit and  
Snacks provided**

**Door Prizes/Awards following Race**

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**I HEREBY WAIVE AND RELEASE ALL RIGHTS FOR CLAIMS OR DAMAGES OR  
SUIT I MAY HAVE AGAINST CLYMER DAYS FESTIVAL, CHERRY HILL TOWNSHIP  
AND ANY OTHER OFFICIALS OR SPONSORS OF THE CLYMER DAYS  
5K RUN/WALK TO BE HELD ON September 26, 2009**

NAME: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ EMAIL: (optional) \_\_\_\_\_

GUARDIAN IF UNDER 18: \_\_\_\_\_

RUNNER: \_\_\_\_\_ WALKER: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

MALE: \_\_\_\_\_ FEMALE: \_\_\_\_\_ SHIRT SIZE: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

**ALL PROCEEDS BENEFIT THE AMERICAN HEART ASSOCIATION AS PART OF  
SENIOR PROJECT FOR MATT BASH OF PENNS MANOR HIGH SCHOOL.**

**CHECKS PAYABLE TO: American Heart Association**

**MAIL CHECKS TO: MATTHEW O. BASH  
7229 ROUTE 553 HWY  
CLYMER, PA 15728**